Sankujitsu Grading syllabus

Graded from (associated kata)	Stances (dachi)		Punches (zuki) & strikes (utsu)		Blocks (uke)		Kicks (geri)	
7th Kyu Red belt (no kata)	Yoi dachi Kamae (Migi/Hidari)	Ready stance Fighting stance (right/left)	Choku zuki Sanbon zuki Oi-zuki (Jodan) Oi-zuki (Chudan) Oi-zuki (Gedan)	Static punch Three punch combination Stepping punch (face) Stepping punch (body) Stepping punch (groin)	Jodan uke Gedan barai	Rising (head) block Lower (groin) block	Mae geri	Front kick
6th Kyu Yellow belt (Pinan Shodan)	Neko-ashi dachi	Cat stance	Gyaku zuki	Reverse punch	Uchi uke Taisho uke	Chest (inside to outside) block Parry (chest) block	Sirikomi	Jumping front kick
5th Kyu Orange belt (Pinan Nidan)	Shiko dachi	Horse-riding stance	Maeken	Front punch	Shuto uke	Knife hand block	Mawashi geri	Roundhouse kick
4th Kyu Green belt (Pinan Sandan)	----------	----------	----------	----------	Soto uke	Chest (outside to inside) block	Yoko geri	Side kick
3rd Kyu Blue belt (Pinan Yondan)	----------	----------	Uraken utsu	Back-fist strike	Juji uke Morote uke	Cross forearm block Assisted 'uchi uke'	Mikazuki geri	Crescent kick
2nd Kyu Purple belt (Pinan Godan)	Kokutsu dachi	Back stance	Tetsu utsu	Hammer fist strike	Nagashi uke	(lower) sweeping block	Ashi barai	Foot sweep
1st Kyu Brown belt (Annanko)	----------	----------	Mae-empi utsu Tate-empi utsu	Forward elbow strike Vertical (rising) elbow strike	---------- ----------	---------- ----------	Keiten geri Ura-mawashi geri Ushiro geri	Spinning kick Reverse roundhouse kick Back kick
1st Dan (Seipai)								